



Dear Member of **School of Math, Science, and Healthy Living** at **6214 4TH AVENUE** Community:

Your child has had close contact with an individual in our school community who has tested positive for COVID-19. According to health guidelines, your child must stay home for 10 days following the date of possible exposure and should not return to school until they finish their quarantine.

We know that this may be stressful, and we are here to support and guide you. You may be contacted by the NYC Test + Trace Corps (T2) with information and updates. Additionally, below you will find guidance that reflects the expertise of the NYC Department of Health & Mental Hygiene (DOHMH), the New York City Department of Education (DOE), and T2.

Here is what to do now:

Keep your child at home

- Until 10 days have passed, your child can leave home only to visit a medical provider, to get a COVID-19 test, or in the event of an emergency. It is important that your child stay home, even if they do not feel sick, to prevent the spread of COVID-19.
- Your child's teacher will reach out about transitioning your child to fully remote learning for the duration of quarantine.
- The NYC Test + Trace Corps partners with community-based organizations to connect New Yorkers in quarantine to resources like food, medicine, and health care. To connect with these resources, you can call **212-COVID19 (212-268-4319)**.

Get tested

- T2 strongly recommends you take your child for a COVID-19 test, whether or not they have symptoms. Testing is free at many sites and available regardless of immigration or insurance status. For information about testing, contact your child's medical provider, call **311** or visit nyc.gov/covidtest.
- Even if your child receives a negative test result, your child still must stay home for **10 days** for monitoring and to ensure illness does not develop.

Look out for symptoms

- People with COVID-19 have reported a wide range of symptoms, including fever/chills, cough, difficulty breathing, and new loss of taste or smell. Most people with COVID-19 have mild to moderate symptoms and recover on their own. Some people have no symptoms at all. Less commonly, COVID-19 may lead to severe complications, hospitalization or death.
- In rare cases, some children have developed multisystem inflammatory syndrome (MIS-C), a health condition associated with COVID-19 that can result in serious illness. Symptoms may include fever lasting several days, red or pink eyes, swollen hands and feet, rash, diarrhea, vomiting, abdominal pain, red cracked lips, or red bumpy tongue that looks like a strawberry.
- Talk to your child's medical provider if your child develops symptoms that could be from COVID-19. If your child does not have a medical provider, call 311.



How can I stay updated?

We will continue to closely follow directions from public health experts and proactively update you on any measures we are taking. **To ensure we can reach you via text and email, please create a New York City Schools Account (NYCSA) as soon as possible by visiting schools.nyc.gov/nycsa.**

To help New Yorkers quarantine, the NYC Test + Trace Corps partners with community-based organizations to connect individuals to resources like food, medicine, and health care. To connect with these resources, you can call **1-212-COVID19 (212-268-4319)**.

For additional information on COVID-19, visit schools.nyc.gov/coronavirus or call 311.

Sincerely,

Ruth Stanislaus